

A/B, 3, 2/41

To: File

Subject: SI and H Experimentation, 29 September 1953.

On 29 September 1953, SI and H experimentation took place in Building 13, Room 20, with [redacted] and [redacted] and [redacted] using [redacted] and [redacted] as subjects.

The first part of the evening all girls were given suggestibility tests, including the falling back and the pendulum tests. All tests were satisfactory.

Then [redacted], using the progressive relaxation technique took all the subjects and before awakening them gave them a PH suggestion of falling asleep. Two girls immediately followed the PH suggestion and the others followed suit.

A
Next [redacted] took [redacted] and [redacted] while [redacted] watched. When [redacted] was induced into a trance seeing that the others were in a reclining position, [redacted] left [redacted] and then worked on [redacted] and [redacted] then went back to [redacted] and produced a somnambulistic stage where she walked and talked with her eyes open. [redacted] then put her back to sleep and awakened her. At this point, [redacted] went back to [redacted] and found that she was not perfectly relaxed and subsequently induced a rather deep hypnosis and sensory tests were successful. [redacted] then went to [redacted] and began further suggestions with her but as time was getting late, he awakened the latter two girls. In the meantime, [redacted] took [redacted] and worked with her in achieving a light trance. This girl is still exhibiting some resistance.

Also at the same time [redacted] took [redacted] and was able to obtain a successful hypnotic trance. The best subjects at the present are [redacted] and [redacted] can be developed into one. [redacted] still an unknown quantity and [redacted] is a difficult subject.